

Government Ayurved College, Nanded

Transitional Curriculum 2023

Date: 21th February to 10th March 2023



| Day /Date | Session : 1 10:00 am to 11:30 am | Session: 2 11:30 am to 1:00 pm | Session:3 2:00 pm to 3:30pm | Session:4 3:30 pm to 5:00 pm | Co-ordinator |
|-----------------------|---|--|--|---------------------------------|---|
| Day-01 21.02.2023 | Inauguration, Interaction with Parents | Pre-Test and Interaction with Students | Uniqueness of Ayurveda | Vadatu Sanskritam | 1.Vd. Rajesh Sawai 2.Vd. Prasad Deshpande |
| Resource person | Teachers Of First Year | | Vd. Piyush Gandhi | Vd. Anjali Thengzode | |
| Day- 02 22.02.2023 | History, Philosophy & Concepts of Ayurveda | Time Management | Motivational Lecture | Vadatu Sanskritam | 1.Vd. Ujwala Jadhao 2. Vd..Ranjana Jadhav |
| Resource person | Vd. Rajesh Sawai | Vd. Ovi Shinde | Dr. Raja Reddy | Vd. Anjali Thengzode | |
| Day-03 23.02.2023 | Yoga Practice and Relaxation Techniques | Vruksh Ayurved Mrug Ayurved | Know Your Syllabus (Samhita) | Teaching-Learning Methods | 1.Vd. Piyush Gandhi 2.Vd. Pooja Panchaware |
| Resource person | Vd. Prasad Deshpande | Vd. Pooja Panchaware | Vd. Rajesh Sawai/ Vd. Santosh Jatale/ Vd. Snehal Alde | | |
| Day-04 24.02.2023 | Vadatu Sanskritam | Computer Skills | Know Your Syllabus (Sharir Rachana | Teaching Learning Methods | 1.Vd. Pradnya Deshpande 2.Vd.Vidya Dole |
| Resource person | Vd. Anjali Thengzode | Vd. Abhijeet Pachpore | Vd. Pradnya Deshpande/Vd. Vidya Dole | | |
| Day-05 25.02.2023 | Vadatu Sanskritam | Motivational Lecture | Know Your Syllabus (Sharir Kriya) | Teaching- Learning Methods | 1.Vd. Shilpa Ingle 2. Vd. Sanjivani Hambarde |
| Resource person | Vd. Anjali Thengzode | Vd. Chandrakumar Deshmukh | Vd. Shilpa Ingle/ Vd. Sanjivani Hambarde | | |
| Day-06 27.02.2023 | Visit to Government Ayurved College, Nanded And Govt. Ayurved and Unani Rasa shala, Nanded | | | | 1.Vd. Rajesh Ingle 2.Vd. Kishor Ugale |
| Resource person | Vd.Rajesh Ingole, Vd.Kishor Ugale | | | | |

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| Day-07 | Vadatu Sanskritam | Basics of Prakriti Pariksha | Skills- Basic Life Support (BLS) and First Aid | Importance of Diet | 1.Vd. Ujwala Pawar 2. Vd. Rohini Thakkarwad |
| 28.02.2023 | | | | | |
| Resource person | Vd. Anjali Thengzode | Vd. Ujwala Pawar | Vd. Sunil Kulkarni | Vd. Nalini Hedaoo | |
| Day-08 | Visit to Govt Ayurved Hospital, Nanded | | | | 1.Vd. Deepali Sherekar |
| 01.03.2023 | | | | | 2.Vd. Gangadhar Ingle |
| Resource person | Vd. Deepali Sherekar and Vd.Gangadhar Ingle | | | | |
| Day-09 | Vadatu Sanskritam | Role & Impact of Physician in society | Role of AYUSH in Public Health | Clinical Exposure | 1.Vd. Mangesh Nalkande 2. Vd. Manish Kanhed |
| 02.03.2023 | | | | | |
| Resource person | Vd. Anyali Thengzode | Vd. Mangesh Nalkande | Vd. Gopal Jadhav | Vd.Vijay Ukhalkar | |
| Day-10 | Biodiversity and Ayurveda | Recent Advances in AYUSH | Stress Management & Capacity Building to address Medical Challenges | Medical Ethics | 1.Vd. R.N.Ukey 2.Vd.Pournima Sawale |
| 03.03.2023 | | | | | |
| Resource person | Vd. Sanjivani Shekokar | Vd. Sanjivani Shekokar | Dr. Nandkumar Mulmule | Vd. R.N.Ukey | |
| Day-11 | Vadatu Sanskritam | Lecture by Eminent Pharmaceutical Industrialist | Know Regulatory Bodies, Statutory Bodies and Major AYUSH Institutions | Communicative English | 1.Vd. Santosh Jatale 2.Vd. Snehal Alde |
| 04.03.2023 | | | | | |
| Resource person | Vd. Anjali Thengzode | Vd. Ravindra Kharat | Vd. Abhijit Ahire | Vd. D.B.Chavan | |
| Day-12 | Biomedical Waste Management | Introduction about Modem Medicine and Ayurveda | Importance of Diet | Understanding Interpersonal Relationships | 1. Vd. Nalini Hedaoo 2.Vd.Vidya Boinwad |
| 06.03.2023 | | | | | |
| Resource person | Vd. Shital Chavan | Vd. Prasad Kulkarni | Vd. Ujwala Jadhao | Vd. Nisar Ali Khan | |

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| Day-13 | Vadatu Sanskritam | Personal Health, Hygiene & Dinacharya | Different Methods of Self learning and collaborative learning | Games and Activities | 1.Vd. Krishna Kadam 2.Ujwala Jatale |
| 08.03.2023 | | | | | |
| Resource person | Vd. Anjali Thengzode | Vd. Santosh Jatale | Vd. Krishna Kadam | Vd. Ujwala Jatale | |
| Day-14 | Field Visit to other institution/Eminent practitioners/AYUSH hospitals/ Pharmaceuticals and other institutions | | | | Vd. Rajesh Sawai |
| 09.03.2023 | | | | | |
| Resource Persons | Vd. Rajesh Sawai | | | | |
| Day-15 | Clinical Aspects Of Ayurveda | Post Test | Feedback | Valedictory Function | All committee members |
| 10.03.2023 | | | | | |
| Resource person | Vd. Deepali Sherekar | Teachers of First Year | | Dean sir and all HOD | |

49.11.23

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GOVT. AYURVED COLLEGE
NANDED.